

Risk assessment – The Shepherd’s Hut

Company name: Emma Cliffe Holistic Massage Therapist

Assessment carried out by: Emma Cliffe

Date of next review: 10/11/2022

Date assessment was carried out: 10/5/2022

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
COVID-19 transmission through air borne particles	Massage Therapist, Customers	<ul style="list-style-type: none"> Customer will be asked to wear face covering of own choosing and therapist will wear disposable Type IIR mask during treatment and consultation, (where consultation does not happen in advance) Therapist will wear additional PPE (face shield, washable cloth apron, gloves etc.) if required under government guidance for close contact businesses at time of treatment or if requested by customer (for specific vulnerabilities etc.) during contact with the customer. If required (e.g. customer has clinical vulnerabilities for COVID-19), consultations will take place in advance of face to face contact via telephone or video call. Where consultations take place in person, 2m distancing between therapist and customer will be maintained. Room will be ventilated as well as possible with window open throughout treatment and door open between treatments. Therapist will take own temperature on day of treatment and a lateral flow test to ensure as far as possible that they are not symptomatic or asymptomatic of COVID-19. 	Monitor GCMT, MTI and Government guidance for further additional controls that may be required	Emma Cliffe	Ongoing	

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		<ul style="list-style-type: none"> • Customer will complete and supply to the therapist a completed Medical Declaration form ahead of the appointment detailing clinical vulnerabilities for COVID-19, amongst other conditions. • On customers arrival, the therapist will establish through questioning that the customer is not experiencing:- <ul style="list-style-type: none"> ○ A high temperature ○ A new continuous cough ○ A loss or change to their sense of taste or smell ○ Any other additional symptoms that may be linked to COVID-19 ○ If the customer has these symptoms or the therapist is concerned the customer may be unwell, the treatment will not go ahead and will be rebooked. • Following customers departure, windows and doors will be opened to allow full ventilation and air change to occur. • Bathroom window and door will be left open to allow full ventilation and air change to occur following customer use. 				
COVID-19 transmission through contact points (fomites)	Massage Therapist, Customers	<ul style="list-style-type: none"> • Therapist will wear disposable Type IIR mask and additional PPE (face shield, washable cloth apron, gloves etc.) if required under government guidance for close contact businesses at time of treatment or if requested by customer (for specific vulnerabilities etc.) before contact with the customer. 	Monitor GCMT, MTI and Government guidance for further additional	Emma Cliffe	Ongoing	

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		<ul style="list-style-type: none"> • Therapist will store clean linens in a cabinet with a close fitting door. Only linens required for the massage will be on the massage couch or out of the cupboard ready for use. • Therapist will sanitise all equipment and touch points before the treatment area is set up following the cleaning schedule. • Following session, therapist will place all waste material into a sealable bag in a plastic pedal bin, and place all laundry in sealable bag, and sterilise all equipment and touch points. Laundry bags will be placed in the car after each customer – laundry bags not to be left in room for subsequent customers. • At the end of each day, therapist will seal bag containing used PPE and place in non-recyclable waste bin. Laundry will be placed directly into washing machine without opening dissolvable laundry bag so as to avoid contact with potentially contaminated laundry. • Bathroom touch points will be cleaned prior to appointments and between customers if used. 	controls that may be required			
COVID-19 Outbreak	Massage Therapist, Customers	<ul style="list-style-type: none"> • Therapist will inform customers who have attended within a 14 day period if two or more people (therapist or customers) develop COVID-19 symptoms or test positive for COVID-19 within that same 14 day period. 	Monitor GCMT, MTI and Government guidance for further additional controls that may be required	Emma Cliffe	Ongoing	

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Slips, trips and falls	Massage therapist, Customers	<ul style="list-style-type: none"> • Anti-slip tape applied to treads of external staircase, secure handrails fitted to staircase. • Door mats have anti-slip/rubberised backing to create friction on floors. • Internal and external lighting installed. • Wood floor finished in satin Osmo Oil to increase friction. Towel to be placed on floor for customer to stand on if feet have been oiled. 	Monitor and react accordingly.	Emma Cliffe	Ongoing	
Entry and exit to site	Massage therapist, customers	<ul style="list-style-type: none"> • Customers to be warned that large dog lives on site but will be kept inside during their visit to the site. • Dog to be kept inside during customers appointments. • Massage therapist to ensure any loose farm animals (miniature Shetland ponies, Alpacas etc.) are herded away from customers. • If customers wish to engage with the animals, this is at their own risk. • Massage Therapist will request customers arrive at the gate and wait for therapist to open gate for them (due to risk of moving heavy gate, trapping fingers etc.). • When customer leaves site, Massage Therapist will open gate and help customer exit on to road due to blind exit caused by walls. 	Monitor and react accordingly.	Emma Cliffe	Ongoing	
Fire and other emergencies	Massage therapist, customers	<ul style="list-style-type: none"> • Electrical wiring certificate issued by qualified electrician. 	Monitor and react accordingly	Emma Cliffe	Ongoing	

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		<ul style="list-style-type: none"> • All electrical fixtures, fitting and equipment is new. • Portable appliances e.g. oil filled radiator, thoroughly checked every year for issues of wear and tear etc. and regular visual checks undertaken on cables etc. • No naked flames e.g. candles in Shepherd's Hut. • Massage Therapist to escort customers to safe location if fire or other emergency occurs. • Massage Therapist holds minimum of Emergency First Aid at Work certificate, renewed every 3 years. • Appropriately supplied first aid kit stored in cupboard in room. 				
Building	Massage Therapist, customer	<ul style="list-style-type: none"> • Building and chassis purchased from reputable national/international suppliers of their product. • Building constructed using methods advised by supplier and using supplied fittings by supplier. 	None	N/A	N/A	